



Summer Preparation Task 2025

Health & Social Care: OCR Cambridge Advanced National - (Extended Certificate)

Purpose of task:

Task 1 - This will help you prepare and understand the key principles used in FO93 NEA module.

Task 2 – This will help you understand more about conditions affecting the human body needed in FO91 exam module.

Task 3 – Reading and recording findings to familiarise yourself with the industry and what is going on.

Task 1: – Supporting people with mental health conditions (FO93) – Hand this in to Mrs Archer

1a) For the following 2 acts

- Mental Health Act 2007
Mental Capacity Act 2005

- Name the act
Who does it protect (i.e. which service users/settings etc.)?
What are the key features of the Act?

1b) Find out the definitions of mental health from the following organisations.

- The World Health Organisation
NHS
MIND

1c) Produce a short fact file on: - the CMHTS Community & Mental health Team for Dorset & the CYPMHS – the Children & Young Peoples Mental Health Services Dorset Identify what is a psychiatrist & what is a psychologist.

TASK 2 — Anatomy & Physiology for health & social care (FO91) - Hand this task in to Mrs Godwin

- Research 2 musculoskeletal malfunctions –osteoarthritis & carpal tunnel syndrome

Identify & explain in detail: physiological causes & effects. The clinical observations that need to be made on the patient, need for blood tests, bone density scans.

Treatments such as surgical & non- surgical treatments.

What is the potential impact on the individual as a result of these conditions, consider physical, psychological, emotional and social effects?

Students can also complete the HSC unit FO91) extension task to prepare for this unit

Recommended resources:

You should aim to use at least 2 websites for each area of research.

It is vital that you try to explain in your own words and not just copy and paste.

Where you do this you must use quotes and reference the quote. Identify all sources used.

Put in references for all research.

Please proofread any work for punctuation (this includes typed work!!)

Recommended reading list:

Look at the following websites to familiarise yourself with the industry and what is going on. Keep a record of what you looked at or learned from each site.

The Kings Fund

<http://www.kingsfund.org.uk/>

A charity that researches health & care in England and has an effect on government policy

THE OFFICE FOR HEALTH IMPROVEMENT & DISPARITIES

<https://www.gov.uk/government/organisations/public-health-england>

What do they do? Look at the sort of information you can find on their website.

DORSET HEALTHCARE

<https://www.dorsethealthcare.nhs.uk/>

What do they do? Look at the sort of information you can find on their website.

DORSET CLINICAL COMMISSIONING GROUP

<https://www.dorsetccg.nhs.uk/>

What do they do? Look at the sort of information you can find on their website.

NHS digital

<https://digital.nhs.uk/>

What do they do? Look at the sort of information you can find on their website.

Equality & human rights commission

<https://www.equalityhumanrights.com/en>

What do they do? Look at the sort of information you can find on their website.

Economic and Social Research Council

<http://www.esrc.ac.uk/>

Look at this website and look at areas you are interested in on society or health and well-being.

BBC news feed for Health

Social Care Institute for Excellence

<http://www.scie.org.uk/>

Additional Information:

Required Stationery and Equipment for

Pens, A4 paper, A3 folders with dividers for each module (there will be 6 in total over the 2 years)

Essential Resources

Access to internet as many H&SC research is rapidly changing and up-to-date sources will need to be researched independently.

*textbooks optional

This is a new spec starting in 2025 – textbooks may not yet be available

Things to Consider Throughout the Year

Revision materials E.g. cue cards, A3 paper, highlighters.