



Purpose of task:

Task 1 - This will help you prepare and understand the key principles used in FO93 NEA module.

Task 2 – This will help you understand more about legislation needed in **FO90 exam module**.

Task 3 – Reading and recording findings to familiarise yourself with the industry and what is going on.

Task 1: – Supporting people with mental health conditions (FO93)

– Hand this in to Mrs Archer

Ia) Watch one programme/video in the media (e.g. iplayer/you tube etc) that covers a celebrity talking about mental health

e.g. **Video: Jesy Nelson - Mental Health**
<https://www.youtube.com/watch?v=hxgOoNjol0s>

For the programme watched:

- identify the programme watched & web link
- what was the mental health condition covered
- what were the symptoms the person experienced
- what effect did it have on their life
- what effect did it have on the people around them
- how does hearing someone like a celebrity (e.g. Jesy Nelson) talk about mental health help reduce stigma. Use specific examples from the video.

Ib) Find out the definitions of mental health from the following organisations.

- The World Health Organisation
- NHS
- MIND
- what do you think each definition means to an individual and their life
- explain how do you think the definitions are similar to each other
- explain how you think the definitions are different to each other

Ic) Produce a short fact file on: - the CMHTS Community & Mental health Team for Dorset & the CYPMHS – the Children & Young Peoples Mental Health Services Dorset
Identify what is a psychiatrist & what is a psychologist.

TASK 2 —Principles for health & social care (FO90) - Hand this task in to
teacher 2

-What do you think the role of legislation is?

For the following laws:

- **The Equality Act 2010**
- **The Health & Care Act 2022**
- **The Children Act 2004**

- **Summarise the key aspects of each legislation**
- **What impact would this legislation have on care settings & practitioners and service users?**

Recommended resources:

You should aim to **use at least 2 websites for each area of research.**

It is vital that you try to **explain in your own words and not just copy and paste.** Where you do this you must use quotes and reference the quote. Identify all sources used.

Put in references for all research.

Please **proofread** any work for punctuation (this includes typed work!!)

Recommended reading list:

Look at the following websites to familiarise yourself with the industry and what is going on. Keep a record of what you looked at or learned from each site.

The Kings Fund<http://www.kingsfund.org.uk/>

A charity that researches health & care in England and has an effect on government policy

THE OFFICE FOR HEALTH IMPROVEMENT & DISPARITIES<https://www.gov.uk/government/organisations/public-health-england>

What do they do? Look at the sort of information you can find on their website.

DORSET HEALTHCARE<https://www.dorsethealthcare.nhs.uk/>

What do they do? Look at the sort of information you can find on their website.

DORSET CLINICAL COMMISSIONING GROUP<https://www.dorsetccg.nhs.uk/>

What do they do? Look at the sort of information you can find on their website.

NHS digital<https://digital.nhs.uk/>

What do they do? Look at the sort of information you can find on their website.

Equality & human rights commission<https://www.equalityhumanrights.com/en>

What do they do? Look at the sort of information you can find on their website.

Economic and Social Research Council<http://www.esrc.ac.uk/>

Look at this website and look at areas you are interested in on society or health and well-being.

BBC news feed for Health**Social Care Institute for Excellence**<http://www.scie.org.uk/>**Additional Information:****Required Stationery and Equipment for**

Pens, A4 paper, A4 folders with dividers for each module (there will be 6 in total over the 2 years)

Essential Resources

Access to internet as many H&SC research is rapidly changing and up-to-date sources will need to be researched independently.

*textbooks optional

Things to Consider Throughout the Year

Revision materials E.g. cue cards, A3 paper, highlighters.